

**CALL FOR PROPOSALS**  
**2017 Five Acres Clinical Conference:**  
**Adapting Mental Health Care to a Changing Population**

Proposals are invited from agency and community behavioral health practitioners that advance effective treatment strategies for children and families. You are invited to submit a workshop proposal that shares your therapeutic strategies and techniques with other practitioners in an environment that facilitates professional growth.

**Conference Details**

**When:** Thursday, February 9<sup>th</sup>, 2017

**Where:** Pasadena Convention Center, Pasadena, CA

**Proposal Submission Deadline:** October 15<sup>th</sup>, 2016

**Topic of Focus: Adapting Care to a Changing Population.**

Conference workshops will focus on how providers can adapt their services to the diverse needs of youths receiving mental health services within Los Angeles County.

Proposals that relate to the below listed topics will be considered as well as any topics that relate to the overall conference theme.

Desired proposal topics include, but are not limited to, the following areas:

- Caregiver burnout, vicarious trauma and self-care
- Effective family engagement strategies
- Evidence Based Practices
- Healthy peer relationship development
- LGBTQI2-S
- Psychopharmacology: How to talk to parents about the role of medications and children's mental health
- Sensory integration
- Substance use disorders
- Tools and strategies for parents, caregivers and family members who are raising children/youth with mental health challenges
- Use of technology in mental health
- Working with resistant youth

## Workshop Proposal Details

Workshops can be either 1 hour of presentation with 15 minutes of Q&A or 2 ½ hours with 30 minutes of Q&A. Please include all of the following information in your workshop proposal:

1. Workshop Title
2. Workshop Description (200 words or less)
3. Workshop Agenda and Outline (What are you going to cover? How long do you expect each topic to take?)
4. Information for each Presenter
  - a. Name
  - b. Address
  - c. Contact Information
  - d. Degree (if applicable—like BA, BS, Ph.D., MSW, etc.)
5. Presenter Bio's (100 words or less)
6. Learning Objectives and Take Aways (What do you hope participants will get out of your session? **Preference will be given to proposals that provide practical applications and resources for attendees.**)

## Workshop Guidelines

- Workshop topics may encompass any process relating to how one might adapt changes in the care and permanency experienced by children and youth.
- All workshops will be either 1 hour of presentation with 15 minutes of Q&A or 2 ½ hours with 30 minutes of Q&A.
- Presenters are strongly encouraged to have some sort of “take away” that attendees can take back to their agencies and use as a resource.
- Preference given to breakout sessions that are interactive and provide all attendees the opportunity to participate and invest in the topic(s). Presenters are asked to take this in to consideration when putting together their proposal and/or presentation.

## Who Will Attend the Conference?

- Professionals who work with youth and families including educators, government agencies, social service providers and mental health professionals
- College and Grad School Students

**For questions:** Contact Samantha Shank at (626) 993-3169 or [sshank@5acres.org](mailto:sshank@5acres.org)