




SOCIAL MEDIA MESSAGES

GENERAL MESSAGES

1. HOPE is here.
2. HOPE is a call or text away.
3. We're all in this together. Call, text or email Five Acres HOPE line.
4. Five Acres HOPE Line and Telehealth services are here for those seeking help.

SOCIAL MEDIA ASSETS AND MESSAGES

Five Acres HOPE Line and Telehealth services are available for those seeking help. Call or text 1-800-696-6793 or HOPE@5acres.org.

Five Acres Telehealth services are available for those seeking help. 

HOPE

is here

Call or text 1-800-696-6793 or HOPE@5acres.org



1. Individuals dealing with stress of COVID-19



The COVID-19 pandemic has presented many challenges for children, families, and individuals, who are now in crisis. We're all in this together. Call, text or email Five Acres HOPE line. We can assist with basic needs resources and start the process for mental health services.

While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email **HOPE@5acres.org**.

Additional Social Post: Experiencing stress and anxiety with COVID-19? While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email HOPE@5acres.org.

#mentalhealth #covid19 #fiveacreshope #hopeline

2. Individuals seeking mental health help



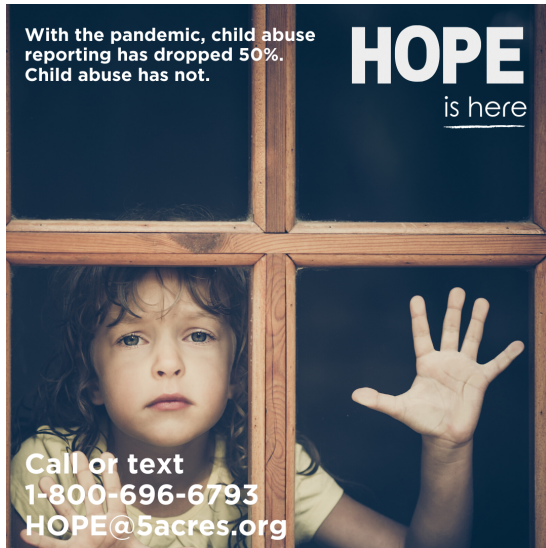
Families and individuals with unexpected life events may face mental health challenges. HOPE is here. Five Acres HOPE Line and Telehealth services are available for those seeking help and find themselves in crisis. We can assist with basic needs resources, assessing abuse and reporting it, and starting the process for additional Five Acres mental health services.

While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email **HOPE@5acres.org**.

Additional Social Post: Unexpected life events can push families and individuals to their limits. While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email HOPE@5acres.org.

#mentalhealth #covid19 #fiveacreshope #hopeline

3. Individuals preventing or reporting child abuse



Sheltering at home due to the pandemic has pushed household members to their limit. The COVID-19 pandemic has presented many challenges for children, families, and individuals, who are now in crisis. Calls to abuse hotlines have decreased; child abuse has not. HOPE is a call or text away. Five Acres HOPE Line is available to bring hope in the lives of children experiencing trauma. We can assess abuse and report it.

While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email **HOPE@5acres.org**.

Additional Social Post: With the pandemic, child abuse reporting has dropped by 50%. Child abuse has not. While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email **HOPE@5acres.org**.

#mentalhealth #covid19 #childabuse #prevention #fostercare #fiveacreshope #hopeline

4. Domestic violence survivors in need of help



Unexpected life events like unemployment, a death, or sheltering at home may present challenges to families. If you or someone you know is in an unhealthy relationship, HOPE is here. Five Acres HOPE Line and Telehealth services are available for those seeking help. We can assist with basic needs resources, assessing abuse and reporting it, and starting the process for additional Five Acres mental health services.

While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email **HOPE@5acres.org**.

Additional Social Post: Unexpected life events like unemployment, a death, or sheltering at home may present challenges to families. While the HOPE line is not a 24/7 crisis line, Five Acres staff will reply within one business day to all texts or calls to **1-800-696-6793** or email **HOPE@5acres.org**.

#mentalhealth #covid19 #domesticviolence #survivor #fiveacreshope #hopeline

5. Individuals seeking information on becoming a foster resource family (FFA)



Sheltering at home has made us realize that family means everything. For children in foster care who are unable to live with their families, the pandemic has added more uncertainty in their lives. Consider being a forever family and bringing HOPE in these children's lives. Five Acres HOPE Line can start the process in helping you become a loving, permanent family for children in need. To learn more, call or text **1-800-696-6793** or email **HOPE@5acres.org**.

Additional Social Post: Consider being a forever family and bringing HOPE in these children's lives. Five Acres HOPE Line can start the process in helping you become a loving, permanent family for children in need. To learn more, call or text **1-800-696-6793** or email HOPE@5acres.org.

#fostercare #makeadifference #foreverhome #fiveacreshope #hopeline